FROM THE PRINCIPAL

Dear Parents, Carers and friends of the school community,

Student accident insurance/Ambulance cover arrangements and private property brought to school

The Department does not provide personal accident insurance or ambulance cover for students. Parents and guardians of students, who do not have student accident insurance/ambulance cover, are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance/transport and any other transport costs.

The Department cannot advise parents/guardians on whether to purchase a student accident policy/ambulance cover, or which policy to purchase. It is recommended that they seek assistance in this matter with their insurance broker or find a suitable personal accident insurer in the Yellow Pages or online.

Personal property is often brought to school by students, staff and visitors. This can include mobile phones, calculators, toys, sporting equipment and cars parked on school premises. As the Department does not hold insurance for personal property brought to schools and has no capacity to pay for any loss or damage to such property students and staff should be discouraged from bringing any unnecessary or particularly valuable items to school.

Parents/guardians of students, who do not have student accident insurance, are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance/transport and any other transport costs; and parents/guardians can purchase insurance policies from commercial insurers.

School Council Annual General Meeting

The School Council Annual General Meeting will be held at 5.30pm on Thursday 20th March in the Professional Learning Centre. At this meeting, office bearers will be elected and a comprehensive report to the school community will be provided as a celebration of achievement of 2013. Members of the school community are welcome to attend. For catering purposes, please RSVP by Monday 17th March if you are attending the meeting.

Reminder: Student Support Groups Meetings

Parents and carers will be invited to participate in SSG’s from Monday 17th March – Thursday 20th March.

This opportunity is available to all our families to discuss and establish Individual Learning Plan (ILP) goals for your child. We really value your input in to this process and look forward to seeing you during this week.

<table>
<thead>
<tr>
<th>Day</th>
<th>Classroom number</th>
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</thead>
<tbody>
<tr>
<td>Monday 17th March</td>
<td>3, 7, 12, 13, 18, 20</td>
</tr>
<tr>
<td>10.30am - 6.30pm</td>
<td></td>
</tr>
<tr>
<td>Tuesday 18th March</td>
<td>5, 6, 9, 10, 15, 19, 21, 25</td>
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<tr>
<td>10.30am - 6.30pm</td>
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<tr>
<td>Wednesday 19th March</td>
<td>2, 4, 11, 17, 24</td>
</tr>
<tr>
<td>10.30am - 6.30pm</td>
<td></td>
</tr>
<tr>
<td>Thursday 20th March</td>
<td>1, 8, 14, 16, 22, 23</td>
</tr>
<tr>
<td>10.30am - 6.30pm</td>
<td></td>
</tr>
</tbody>
</table>

2014 TERM DATES:
• Term 1: 30 January—4 April • Term 2: 22 April—27 June • Term 3: 14 July—19 September • Term 4: 6 October—19 December

CURRICULUM DAYS: Monday, 19th May 2014 • Monday, 3rd November, 2014
Student Council

Congratulations to the following Later Years students for being elected to the JSA student council.

Joshua Bartolo, James Stehmann, Aaron Stolinski, Harrison Street, William Ward-Boas, Declan Worcester and Ali Yelegin. The student council last year was instrumental in introducing the new Secondary Uniform. It will be great to get the committee together again this year to develop some new goals and targets.

Staffing

A very warm welcome to Tricia French (Room 20) and Rebecca Bartlett (Room 17). Both teacher aides commenced last week and we look forward to working with them here at JSA.

We also welcome Elizabeth Lukovska to the admin team. Elizabeth is the Finance Manager and will work closely with Glynis Lawson.

Family Support Meetings

Our Family Support Meeting was held in the Professional Learning Centre yesterday, Thursday 13th March.

We were very fortunate to hear from two speakers from the Banksia Gardens Ambassadors Project. Our first speaker was Daniel who has Autism. He told his story about living and working with Autism and some of the hurdles he encountered as well as the many highlights of his life so far. Jenny our next speaker is the mother of a young man with Autism and she also spoke about her journey with her son and family. Thank you to all parents, students and staff who attended, it was truly an inspiring presentation.

Please contact Deb Munt for more information about the Family Support Meetings.

Fundraising Committee

Bunnings BBQ Saturday 1st March - A special thank you to the Lions Club – Glenroy for providing manual assistance on the day to cook and serve the squillion sausages and drinks.

Total profit for the day was $948.35

Reminder - The Fundraising Committee is also requesting Easter Egg donations for the Easter Raffle. There are usually lots of prizes and it's a very popular event on the calendar, so please help make this a great fundraiser for JSA.
On Thursday 3rd April the Fundraising Committee will be hosting the 2nd Annual Jacanarama Fun Run/Walk. This is a community event, where JSA families celebrate Autism by raising awareness of the condition.

Early Years (Rooms 1 – 12 and families) will participate in the Fun Run walk between 9:30 – 10:30.

Middle Years & Later Years (Rooms 13 – 25 and families) will participate in the Fun Run between 10:45 – 11:45.

**Bike Maintenance**

A big thank you to parents Dave and Katie Powell for their help in repairing some of our school bikes. This support is very much appreciated.

**Financial Audit**

On Thursday 6th March an independent Financial Audit was conducted at JSA. I am extremely pleased to announce that our first audit was an outstanding success. Congratulations to the Administration team who work really hard to ensure all financial practices are of a high standard across the school system. A detailed report will be provided to the school council president.

**Reminder:** For our new families, our newsletter is published each fortnight and will provide you with important information about the school and events that may be of interest to you. I encourage you to read the newsletter that will be sent home with your child, emailed to you, or on the school website.


JSA also has a Facebook Page administered by the leadership team. Please like us on Facebook


**Emergency Procedures Drill**

We had our first “Lockdown” drill on Thursday 13th March. The lockdown practised keeping the students and staff inside locked rooms and out of sight of any possible intruder. Most staff and students & parents (who were in the school for a meeting) remained safe during the exercise. A couple of shortcomings were revealed but should be better next time.
Fun, Laughter and Learning in room 12

We have been learning about farm animals. We all love singing songs, dancing and role playing.
Room 2

A day in our class
In Room 25 we are beginning our VCAL program by learning about Occupational Health and Safety for different occupations such as: landscape gardening, bike riding and cooking. These are skills that will be essential for expanding post school options.
Getting a Haircut (without tears)

For some children (and parents!) getting a haircut can be a very stressful experience.

Hairdressing salons are usually loud, busy, brightly lit places. A haircut involves sitting in an unfamiliar chair, often with a strange cape around your neck, while a stranger approaches you with scissors or a buzzing razor. For children who are sensitive to touch, sounds, lights and smells, this can be a scary and overwhelming experience.

Here are some tips to help you and your child have a more successful and less stressful trip to the hairdressers:

Beforehand

✓ Prepare your child for the trip by watching other people get their hair cut, watching videos on YouTube and reading a social story.
✓ Book a time of day that will be quietest, and with minimal wait time (usually the first or last appointment of the day).
✓ Explain to the hairdresser ahead of time about your child’s individual needs. They may turn down the lights, or ensure there are minimal chemical smells or additional sounds (such as hairdryers) during your child’s visit.
✓ Give your child plenty of warning by placing a visual on their weekly schedule/calendar, or by talking about it in a positive way.
✓ Wash your child’s hair at home to minimise time spent in an unfamiliar environment.

During

✓ Prepare their head by pushing down firmly; ensuring their head is in alignment with their body. If possible, encourage your child to do this for themselves.
✓ Seat your child on your lap and provide deep pressure to their arms, legs, hands (squeezes, pressing down firmly) if appropriate. Otherwise use a weighted lap bag or blanket under the advice of an OT.
✓ Provide your child with ear plugs or music.
✓ Ensure your child can see what is happening in the mirror. This helps them know what is coming.
✓ Provide your child with a distraction such as an iPad, phone, hand held game, fiddle toy.
✓ If your child is bothered by the cape, ask for a soft towel instead.
✓ Use a schedule to help your child know what is happening.

After

✓ Follow up with an enjoyable activity.
✓ Discuss the experience using photos or videos taken throughout. It is ok to talk about any negative feelings your child may have had during the haircut. E.g. "Oh it sounds/looks like you were really scared when xxxx. I am so proud that you xxxx."
✓ If appropriate, discuss what could be the same/different for next time.

Happy hairdressing!!!
The JSA Occupational Therapists
FREE workshop sessions for PARENTS/CARERS of school age students on the autism spectrum

Workshop: VICCALD2  Location: Meadow Heights

The Positive Partnerships initiatives have been developed and delivered by Partnerships between Education and the Autism Community (PEAC) and funded by the Australian Government Department of Education, through the Helping Children with Autism initiative.

The workshop sessions will be a safe environment where parents can talk about autism and other diverse learning needs that may be affecting their child at home or school. There will be opportunities to talk about these issues and learn new strategies to support their child.

Some discussions at the workshop maybe around:

- Behaviour
- Making friends
- Limited interest in play
- Sensory issues – certain noises, some foods, smells or other issues with senses
- Interacting and attending school

If you would like to know more, please come along to the workshop sessions and explore ways of supporting your child. All family members or support person/s are welcome.

Where:  The Hub, Meadow Heights Primary, Pringa Boulevard, Meadow Heights

When: Tuesday 18th March

Time: 12.45 pm – 3.00 pm (Registration on arrival)
Refreshments on arrival

To book a spot contact:  call Salwa or Jan on 0393052033
For more information contact Tricia Glass on 0409 188 740 or trglass@autismspectrum.org.au

Australian Government
Department of Education

Positive Partnerships
Supporting school age students on the autism spectrum

Autism Spectrum Australia (Aspect)
Autism SA
Autism Queensland
Flinders University SA
www.positivethepartnerships.com.au
Planning for the Future Forum Q&A

Do you have a friend or family member who is aged, has an illness, disability or mental illness?

Are you concerned for their future?

Then come along and learn about what legal steps you need to take to help secure their future.

Featuring information on:
Special Disability Trusts and other relevant disability and carer information related to Centrelink

Guest Speakers
Mirko Oklobdzija
Financial Information Services, Centrelink

Light refreshments provided,
RSVPs essential

Wednesday 26 March 2014 at 6:30pm-8:00pm
Banksia Gardens Community Services, 71-81 Pearcedale Pde Broadmeadows 3047

RSVP by Tuesday 25 March 2014
Rachel 9309 8531 rachel.w@banksiagardens.org.au
MAKE A DAY IN HUME

Do you like making art and getting out and about?

Would you like to participate in a 10 week program of facilitated, fun and stimulating art related activities for young adults with disabilities, between April and June 2014?

This exciting new program will be based at Banksia Gardens Community Services in Broadmeadows and will have a recreational focus that caters for all levels of ability. The activities will include the creation of art, sessions with invited artists, outings and the exhibitions and sale of works.

If you are interested to learn more about this, call Sheena on 0418506942.

woman-made
beauty of the found

Free visual diary on enrolment!
Is your child ready for an adult seatbelt?
Take the 5 Step Test today.

Children grow at different rates. To assist parents and carers to assess when their child is ready to use an adult seatbelt, new national Child Restraint Guidelines include an easy 5 Step Test.

VicRoads recommends parents and carers use this test to ensure their children's safety at all times.

1. Can the child sit with their back against the vehicle seat back?
2. Do the child's knees bend in front of the edge of the seat?
3. Does the sash belt sit across the middle of the shoulder?
4. Is the lap belt sitting low across the hips touching the thighs?
5. Can the child stay seated like this for the whole trip?

More information
Child Restraint Evaluation Program: crep.com.au
TAC: howsafeisyourcar.com.au
Kidsafe: kidsafevic.com.au
RACV: racv.com.au

keeping victorians connected
# Swimming Instructor Training Program

**For Children with Specific Learning Needs and Autism**

**SWIMMING INSTRUCTOR TRAINING PROGRAM**

**DRY SESSION**

We are offering training at two different venues.
Please state on the registration form which venue you will be attending.

<table>
<thead>
<tr>
<th>Date: Monday 5th May 2014</th>
<th>Date: Friday 11th July 2014</th>
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</thead>
<tbody>
<tr>
<td>Registrations close Monday 25th April</td>
<td>Registrations close Wednesday 2nd July</td>
</tr>
<tr>
<td>Maximum of 25 Participants</td>
<td>Maximum of 30 Participants</td>
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<table>
<thead>
<tr>
<th>Time: 9.30 – 4.30pm</th>
<th>Time: 9.30 – 4.30pm</th>
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<tbody>
<tr>
<td>(9.30 registration for 9.45 start)</td>
<td>(9.30 registration for 9.45 start)</td>
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<table>
<thead>
<tr>
<th>Venue: Sunbury Community Heath Centre</th>
<th>Venue: Queen Victoria Women's Centre</th>
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</thead>
<tbody>
<tr>
<td>12-28 Macedon Street</td>
<td>Level 4, 210 Lonsdale Street</td>
</tr>
<tr>
<td>Sunbury</td>
<td>Melbourne</td>
</tr>
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- There is limited parking at the
- Sunbury Community Health Centre.
- Street parking is available on
- Barkly Street (please check parking signs)
- Sunbury Station is only a 10 min walk

<table>
<thead>
<tr>
<th>Cost:</th>
<th>Cost:</th>
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<tbody>
<tr>
<td>1 participant</td>
<td><strong>1 participant</strong></td>
</tr>
<tr>
<td>$180 + GST = $198</td>
<td><strong>$180 + GST = $198</strong></td>
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2 or more participants from the same Centre (sharing some resources)

- $140 + GST = $154

Registration Cost includes:
- Resource Pack
- Schedule Board, Finish Box and Cards
- Manual and DVD

<table>
<thead>
<tr>
<th>Catering:</th>
<th>Catering:</th>
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<tbody>
<tr>
<td>Morning and Afternoon Tea provided. Tea and coffee provided. Participants to supply or purchase own lunch (café’s and shops nearby)</td>
<td>Morning and Afternoon Tea provided. Tea and coffee provided. Participants to supply or purchase own lunch (café’s and shops nearby)</td>
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<table>
<thead>
<tr>
<th>Contact:</th>
<th>Contact:</th>
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</thead>
<tbody>
<tr>
<td>Calie Shorten Phone (03) 9744 9543 or Email <a href="mailto:calies@sunburycche.org.au">calies@sunburycche.org.au</a></td>
<td>Calie Shorten Phone (03) 9744 9543 or Email <a href="mailto:calies@sunburycche.org.au">calies@sunburycche.org.au</a></td>
</tr>
</tbody>
</table>
For Children With Specific Learning Needs and Autism

Dry Session

The KickStart Training Program will provide participants with the resources and information to create a more supportive learning environment for children with:

- autism
- communication difficulties
- sensory processing difficulties
- specific learning needs

All information will relate directly to management of children in swimming lessons and the pool environment. All resources are designed for use in the pool environment.

Topics covered in the KickStart Training Program include:

- Understanding autism, sensory processing difficulties and specific learning needs.
- Useful communication strategies.
- Recommended teaching strategies.
- Addressing behavioural issues.

Program resources include:

- Training DVD demonstrating key features of the KickStart Program.
- Picture schedule cards, specific to individual swimming programs.
- Parent information forms.
**KickStart Training Registration Form**

**Name** ..................................................................................  **Austswim Number** ..................................................

**Venue:** (please circle)  **Sunbury**   **Melbourne**

Registration is open to people who are not registered with Austswim. Austswim number required only for accreditation of Austswim Professional Development Hours.

**Organisation / Swimming Centre** ................................................

**Centre Phone** .......................................................... **Home/Mobile Phone** ..................................................

**Preferred Postal Address:**  □ Swimming Centre  □ Residential

..........................................................................................

**Suburb/Town** .................................................................... **Postcode** ..................................................

**Email** ..................................................................................

**Role** (please circle):  Swimming Instructor  Other ..........................................

**Payment Process**  

Note: Payment is **not** required with this registration form

Your registration will be confirmed by phone contact or email and an invoice provided. Please tick appropriate payment option

☐ 1 participant  $180 + GST = $198

☐ 2 or more participants from the same centre (sharing some resources)  

$ 140 + GST = $154

Please list names of other participants from same centre

**Invoice Details:**  

**Name** ..................................................................................

**Postal Address** ....................................................................

**Email Address**: ..................................................................

**Return Registration Form to:**  

Calie Shorten, Sunbury Community Health Centre  
P.O. Box 218, Sunbury, VIC, 3429  
Fax: Attention Calie Shorten (03) 9744 6777  
Email: calies@sunburychc.org.au
Easter Raffle Donations

The first big fundraising event for 2014 will be the Easter Raffle!

Please support the fundraising committee by sending along any donations for our Easter Hampers. Please send in all donations by **Monday 26th of March 2014**.

We appreciate your support.